

Application to Be Matched with a Mentor in HR

Your Contact Information:

Name:	Role / Title:
Division:	Department:
Phone Extension:	Email:
Supervisor:	Today's Date:

Considerations Inventory:

What prompts you to seek a mentor? (check all that apply)

- I'm new to UW
- I'm new to the field of HR
- I'm new to my current role (but have been employed with UW previously)
- I'd like to develop increased competency in my current role
- I'd like to develop increased competency in general
- I am changing/ have changed HR roles
- I want to change my role in HR
- Other – please describe:

What are you seeking from a mentor?

- A broader professional network at UW
- Access to informal advice (If so, on what topics?)
- General encouragement and support
- Information and Feedback about career opportunities
- Support in developing greater confidence
- Support in challenging myself to achieve new goals
- Technical HR skills
- Other – please describe:

How long would you ideally like to have an active mentor?

What are one or two of the goals you're working toward for which having a mentor would support you?

What qualities do you seek in a mentor?

Are there any barriers to your participating in a mentor program?

Do you have someone in mind or would you like to be matched with someone?

Self-Assessment

Assess each characteristic by asking: *Am I...?* or *Do I...?* Check 1=Always, 2=Frequently, 3=Sometimes, 4=Rarely, 5=Never:

Characteristics for Being Mentored	1=Always	2	3	4	5=Never
1. I collaborate well with others					
2. I take initiative in my existing role					
3. I seek challenges (new learning, projects)					
4. I regularly ask for feedback					
5. I receive feedback well (even negative)					
6. I manage my priorities well					
7. I accept responsibility for myself					
8. I have time for a mentor relationship					

Please return this form to the **HR Communities of Practice Office** via email (communities_of_practice@ohr.wisc.edu).